

Essential Medical Services, Dzongkhag Health Sector, Paro

COVID Focal – Dr. Ugyen Wangdi, CMO #17733500

Hospital Service focal person- Dr. Yowaan Thapa, MO #17723365

Routine Community Outreach Services, Paro hospital:

- a. Routine check up and refilling for chronic illness and NCD, Community based rehabilitation and elderly care services.

Sl. No.	Team 1(Routine checkup, Re-filling of medication)	Team 2(Triage and Evacuation)	CBR and elderly care	Team 3(Counseling services)
1	Norbu Jamtsho (Dental services)# 17965676	Tenzin Lhamo(Clinical Nurse)#77709864	Rigzin (Physio Tech.)#77205467	Jigme Wangchuk (sMenpa)#17537595
2	Norbu Jamtsho (Pharmacy) # 17351221	Doley Dem(Clinical Nurse)#77706234	Narandra Pradhan (Staff Nurse)#17544705	Choden (staff Nurse) #17314332
3	Sonam Choden(Staff Nurse)#17472932	Karchung, HA, #17635617		Tashi Yangki(staff nurse, Mental health focal)#17523897
4	Karma Dorji (Lab.) #17676359	Tenzin(HA), Airport #17751327		
5	Kuenzang (HA), Airport #17775972			
6	Tenzin Wangchuk (Dietitian)#77852953			

b. Routine MCH Activities, Paro hospital

Sl. No.	Immunization	ANC/PNC	VCT/Family planning	ORC
1	Karma Chopel (HA) #17678801	SonamPemo(HA) #17753417	Denka(HA) #77466698	Thinley(HA) #77214046

Essential Public Health Services in Primary Health Care Centers:

Coordinator – Choki Wangmo, DHO, # 17519825

Routine administration and public health services will also be delivered from PHC centers through door to door service. This would include routine check up and refilling for chronic illness and NCD, health education, MCH, ORC and emergency services by following PHC staff:

Sl.no	Name	Designation	Address	Contact No.
1	Sangay Penjor	Sr. HA(In-charge)	Betikha PHC	17759391
2	Karma Tenzin	Sr. HA	-do-	17719030
3	Dechen Tshomo	AN	-do-	17634560/77882688
4	Inda Tshering	HA(In-charge)	Dawakha PHC	77299725
5	Kesang Lhamo	Sr. HA	„	17677403
6	Chimi Zangmo	HA	„	17703526
7	Ugyen Choeki	Sr. HA(In-charge)	Pangbesa Health Unit	17715613
8	Thinley Zangmo	Sr.HA	-do-	17692311
9	Sangay	HA	-do-	17913684
10	Harilal Sinchuri	HA	Pangbesa Health Unit	17988781
11	Dharmalal Sanyasi	HA(In-charge)	Drugyel PHC	77608848
12	Aruna Rai	AN	Drukgyel BHU	17672663
13	Kesang Choden	HA	-do-	17710351
14	Purna Bdr. Baniya	HA	Drukgyel BHU	17981134
15	Sampa Dubjur	Sr. HA(In-charge)	Gunitsawa Sub-post	17950408

Surveillance and contact tracing team

Name	Designation	Contact no.
Dr. Tendi Wangchuk	GDMO	17712057
ChodenDukpa	Staff Nurse	17605361
Dr. Pranesh	Dental Surgeon	17571910
Tshering Dorji	Lab.Technology	17336193
Karma Chuendrup	ADHO	17696064

For counseling services mobilize following volunteers:

1. Dendup Tshering, #17401035, Wanakha CS
2. Pema Lhadon, #17398348, Dotey LSS
3. Yeshey Tshomo Sherpa, #17329280, Dawakha LSS
4. Sangay Dorji, # 17710186, PCE
5. Pema Latsho, # 17685639, PCE
6. Karma Nidup, #17952081, PCE
7. Khandu Dorji, #17608422, PCE
8. Sonam Tshering, # 17472917, DIC, Paro